## Password Reset and Login Help



Therap

To log in to Therap, it is a 3 step process.

- 1. Enter your username and provider code. Our Provider Code is FOCUS-AR (all caps).
- 2. Once you have entered those fields and click "login", you will see the next screen that you will click "continue" in order to put in your password.
- 3. Enter your password and click on "Login"

\*\*\*Your login name is given to you at new hire orientation. It is generally your first initial and last name all lower case. In certain circumstances, it may be a different variation if we already have the same combination assigned to someone else. If this is the case, be sure you have it written down somewhere.\*\*\*

In the event you get locked out, contact administration for assistance with resetting your password.